

# ***SPIRITUAL PATHWAYS***

*Are you interested in either discovering or deepening your spiritual life?*

*Have you had experiences of peace, joy and accompaniment in your day to day life and are unsure of how to describe?*

*Do you struggle with some of your past failures or wonder what's left to hope for in the world?*

*Are you in a rut in your faith life...your regular ways of prayer and reflection somewhat lacking?*

*Is there a new challenge or change in your life that is leading you in a direction that surprises you?*

*If the answer to any of these questions is yes, then you might be interested in a program called **Spiritual Pathways**.*

***Spiritual Pathways** is part of the Spiritual Life Program of St. John the Baptist Church. This program is a series of **single** evening reflective opportunities that will be periodically scheduled to talk about different aspects of day to day living and the spiritual life. The purpose of these gatherings is to offer information and insight to those attending to enrich their own reflection, prayer and living.*

Here are some of the Topics that will be explored in upcoming evenings in ***The Spiritual Pathways*** series:

- Failure: The Sacrament of Defeat

- Feelings: Up and Down and All Around
- Gratitude: Avoiding Taking Life and Others for Granted
- Growing Older: The Golden Years?
- Praying for Others: Does It Work?
- The Human Paradox: Wanting to be alone/Wanting to be Together
- Silence: Meeting the God of the Future...Now
- The Great Middle of Life: Ugh!
- Surrender: The Illusion of Control
- Being a Mystic in Daily Life
- I've Had a Religious Experience
- Learning How to Tell Time
- Forgiveness: The Impossible Possible

The sessions would involve oral presentations, audio-visual examples and handouts for further reflection, study and prayer. At times, a guest presenter will be invited to share her or his expertise on a particular topic under consideration.

We will conclude each evening with Compline (Night Prayer) from the Liturgy of the Hours.

Please invite your family and friends.

*Interested?*

*We will advertise in the Sunday Parish Bulletin*

*Want to be individually contacted?*

*Sign-up on the St. John the Baptist Parish E-mail Address Book for announcements of upcoming evenings.*

## Directions for E-mail Address Book Sign-up

### To Subscribe:

1. Visit <http://www.stjohnthebaptistchurch.org>
2. Click on "Mailing List" link from left menu
3. Click on: St. John the Baptist Church - Main Subscription Page .
4. Enter e-mail address and name.
5. Select the e-mail lists you wish to subscribe to.  
*Select: **SPIRITUAL PATHWAYS***
6. Click "Subscribe to Mailing List" button on the bottom .
7. Check your e-mail for confirmation e-mail
8. Click on link within e-mail to confirm subscription

Thank you for your cooperation.